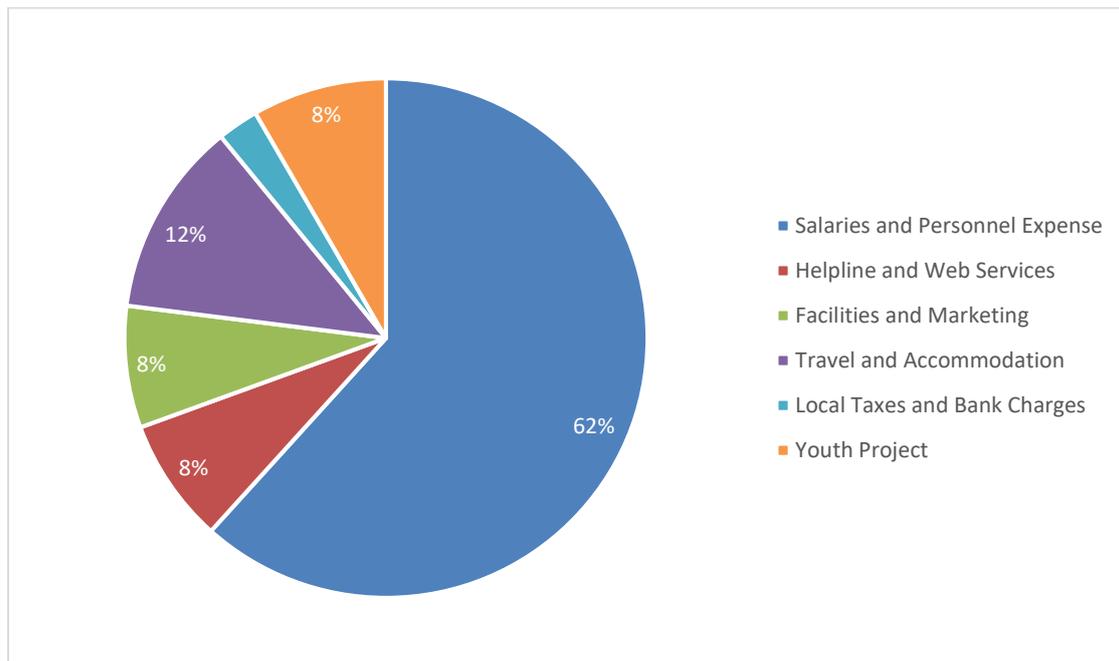




Thank you for your interest in an organization that is seeking to both treat mental illness and address the stigma attached to it. Due to the sensitivity of where we are working, Healing Kashmir operates through our own Delhi-based subsidiary Healing Minds Foundation. As you can read on the site, Healing Kashmir combines trauma response through our helpline, counseling treatment at our clinic in Srinagar and in partnership with hospitals throughout the valley, and education and outreach services helping primary care workers, teachers and students understand mental health problems and how to find resources to help. In 2016, we began work on a new project developing a programme of mental health awareness training for children in schools. We are piloting this programme through the second half of 2017. We remain a small, lean organization with minimal overheads. For example, our executive director is unpaid. You can see our full financials in the annual review available on the website, but to summarize the pie chart below shows the main categories.



Our operating costs in 2016 were £62,510 (excluding foreign exchange which distorts the picture). The largest element of our costs are salaries and personnel. This includes our team in Kashmir and our consulting psychologist, who visits regularly. Other costs include those for our free helpline, website, and associated technology expense, rent for our clinic in Srinagar and local promotional costs, including brochures, meeting materials, and local radio broadcasts. Travel within India (principally between Delhi and Srinagar) and accommodation for visiting staff including our executive director, interns, and consulting psychologist amounted to 12% of the total. The Trust does not pay for the travel costs between London and Delhi of our executive director. More information is in the annual review, but if you would like further details, please let us know.

Yours sincerely,

Richard I Morris Jr  
*Chairman*